




HOLY SPIRITS LLC
GREAT WINE... **ON A MISSION**
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OUR LADY OF MOUNT CARMEL FOOD PAIRINGS

CHEESES

Asiago, Blue Cheese, Cheddar, Edam, Feta, Fontina, Gorgonzola, Gouda, Gruyere, Monterey Jack, Parmesan, Swiss

MAIN COURSES

Red Meats: Barbecued Beef Ribs, Barbecued Pork Spareribs, Corned Beef, Pork, Ham, Spicy Sausages, Veal Sausages, Young & White Veal

Poultry: Chicken, Duck, Goose, Turkey

Seafood/Fish: Crab, Salmon in a Cream Sauce, Scallops, Shrimp, Trout, Oysters (Raw), Smoked Fish, Herring in a Cream Sauce, White Fish

Other: Spicy Foods, Spicy Indian Dishes, Spicy Asian Dishes, Egg Dishes (like an omelet, frittata, soufflé) filled or flavored with fish/seafood, Egg Dishes (like an omelet, frittata, soufflé) filled or flavored with smoked meat, Quiche Lorraine, Pineapple & Ham Pizza, Asparagus, Cold Meats, Pasta Salad, Pasta with Vegetables, Pates, Melon wrapped with Prosciutto,

SAUCES & HERBS

Sauces: Barbecue Sauce, Citrusy Sauce, Cranberry Sauce, SE Asian Sauce, Indian Curry Sauce, Shrimp Cocktail Sauce, Spicy Sauces

Herbs: Basil, Chervil, Italian Parsley

DESSERTS

Mild Milk Chocolate, White Chocolate, Baked Apple Desserts

Bringing the Saints marching home while raising money for local charities and young adults with cancer and other life threatening diseases.